



Nutrition Bar - Boost

Boost your body with energy



- Applications**
- Nutritional bars
 - Extruded bars
 - Granola

Vitamin & Mineral Fortified Nutrition Bar - Boost

Benefits

- CapsuDar® microencapsulated nutrients provide:
 - Taste-masked nutrients
 - Reduced cross-interactions
 - Reduced overages
 - Processing friendly ingredients
- Functional ingredients premixes for manufacturing efficiency



LYCORED

Creating innovative nutrition

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Nutrition Facts

Amount Per Bar (35g)

Calories	124	Calories from Fat	21
Total Fat	2.3	g	
Saturated Fat	1.0	g	
Trans Fat	0	g	
Cholesterol	1.5	mg	
Sodium	0	mg	
Total Carbohydrate	21.9	g	
Sugar	21.9	g	
Dietary Fiber	2.3	g	
Protein	2.2	g	



Ingredient	Per bar (35g)	% of USA RDI
Vitamin C	12.00 mg	20%
Vitamin D3	0.75 mcg	8%
Vitamin E	2.30 mg	8%
Vitamin B1	0.18 mg	12%
Vitamin B2	0.23 mg	14%
Vitamin B3	2.90 mg	15%
Vitamin B5	0.75 mg	8%
Vitamin B6	0.30 mg	15%
Vitamin B12	0.36 mcg	6%
Folic Acid	80.00 mcg	20%
Sodium	88.00 mg	
Iron	1.50 mg	8%
Calcium	80.00 mg	8%
Chromium Picolinate	4.50 mcg	4%
Manganese	0.30 mg	15%
Zinc	1.50 mg	10%
Iodine	22.50 mcg	15%
Selenium	8.30 mcg	12%
Magnesium	40.00 mg	10%
Caffeine	30.00 mg	
Taurine	30.00 mg	
Naringin	3.00 mg	
Red Pepper	20.00 mg	