



Nutrition Bar - Sport

Charge your body with energy



- Applications**
- Nutritional bars
 - Extruded bars
 - Granola

Vitamin & Mineral Fortified Nutrition Bar - Sport

Benefits

- CapsuDar® microencapsulated nutrients provide:
 - Taste-masked nutrients
 - Reduced cross-interactions
 - Reduced overages
 - Processing friendly ingredients
- Functional ingredients premixes for manufacturing efficiency



LYCORED

Creating innovative nutrition

www.lycored.com

Tel:1-877-LYCORED • E-mail: info@lycored.com

Lyc-O-Mato® and CapsuDar® are registered trademarks of LycoRed Ltd. ©2007

Nutrition Facts

Amount Per Bar (37g)

Calories 135 **Calories from Fat** 16

Total Fat	1.8 g
Saturated Fat	0.7 g
Trans Fat	0 g
Cholesterol	1.2 mg
Sodium	0 mg
Total Carbohydrate	26 g
Sugar	26 g
Dietary Fiber	1.6 g
Protein	2.7 g



Ingredient	Per bar (37g)	% of USA RDI
Vitamin C	12.00 mg	20%
Vitamin D3	0.50 mcg	8%
Vitamin E	1.50 mg	5%
Vitamin B1	0.12 mg	8%
Vitamin B2	0.15 mg	9%
Vitamin B3	1.90 mg	10%
Vitamin B5	0.50 mg	5%
Vitamin B6	0.20 mg	10%
Vitamin B12	0.24 mcg	4%
Folic Acid	53.00 mcg	13%
Sodium	65.00 mg	
Iron	1.50 mg	8%
Calcium	80.00 mg	8%
Chromium Picolinate	3.00 mcg	3%
Manganese	0.20 mg	10%
Zinc	1.00 mg	7%
Iodine	15.00 mcg	10%
Selenium	5.50 mcg	8%
Magnesium	13.00 mg	3%
L-Glutamine	50.00 mg	
L-Carnitine	50.00 mg	
L-Valine	50.00 mg	
L-Leucine	50.00 mg	
L-Isoleucine	50.00 mg	