



Nutrition Bar - Start

Start your day on the right foot



- Applications**
- Nutritional bars
 - Extruded bars
 - Granola

Vitamin & Mineral Fortified Nutrition Bar - Start

Benefits

- CapsuDar® microencapsulated nutrients provide:
 - Taste-masked nutrients
 - Reduced cross-interactions
 - Reduced overages
 - Processing friendly ingredients
- Functional ingredients premixes for manufacturing efficiency



LYCORED

Creating innovative nutrition

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Nutrition Facts

Amount Per Bar (35g)

Calories 137 Calories from Fat 58

Total Fat	2.5	g
Saturated Fat	250	mg
Trans Fat	0	g
Cholesterol	4	mg
Sodium	0	mg
Total Carbohydrate	2.8	g
Sugar	2.8	g
Dietary Fiber	2.3	g
Protein	17.5	g



Ingredient	Per bar (35g)	% of USA RDI
Vitamin C	12.00 mg	20%
vitamin D3	0.75 mcg	8%
vitamin E	2.30 mg	8%
vitamin B1	0.18 mg	12%
vitamin B2	0.23 mg	14%
vitamin B3	2.90 mg	15%
vitamin B5	0.75 mg	8%
vitamin B6	0.30 mg	15%
vitamin B12	0.36 mcg	6%
Folic Acid	80.00 mcg	20%
Sodium	82.00 mg	
Iron	1.50 mg	8%
Calcium	80.00 mg	8%
Chromium Picolinate	4.50 mcg	4%
Manganese	0.30 mg	15%
Zinc	1.50 mg	10%
Iodine	22.50 mcg	15%
Selenium	8.30 mcg	12%
Magnesium	40.00 mg	10%